

REVIEW



# September 22, 2023

# Message From Administration

Hello Rouge Park Families,

We are really looking forward to the exciting week ahead! We are looking forward to welcoming families at our **Meet the Families/Curriculum Night** on **September 27**. Food and icecream trucks as well as catered meals and baked goods will be on site starting at 5:00 p.m. We encourage families to bring blankets and chairs to enjoy an outside picnic. Curriculum night presentations will begin at 6:15 and 6:45. Please see all of the details below.

The School Council will have a table set up displaying **Rouge Park Spirit Wear** and orders can be placed on School Cash Online.

On September 29, our school will be honouring Orange Shirt Day. Students are encouraged to wear orange.

About 70 students will be competing in the area Cross Country Meet on September 29th. The students have been working hard training for this exciting event.

Our grade 2 students had a wonderful time visiting Milne Conservation Area this past week and we know our grade 4 and grade 7 students are excited to visit next week.

Have a wonderful weekend,

Lindsey Maclean lindsey.maclean@yrdsb.ca

Lily Leung lily.leung@yrdsb.ca

## Upcoming Events:

Date	Day	What's Happening at School?
Sep. 25	4	<ul><li>Intermediate Girls Volleyball 2:40-4:00</li><li>Safety Week Begins</li></ul>
Sep. 26	5	<ul> <li>Intermediate Boys Volleyball @ 7:15</li> <li>Ms. Maggirias and Ms. Zweig's grade 4's to Milne Conservation Area</li> </ul>

		<ul> <li>Cross Country Running for grades 4-8 @ morning recess</li> <li>Kid's Kitchen for those who ordered</li> <li>Girl's basketball club for grades 5-8 @ 12:20</li> <li>Intermediate Girls Volleyball 2:40-4:00</li> </ul>
Sep. 27	1	<ul> <li>Ms. Ibrahim and Ms. Karimi's grade 4's to Milne Conservation Area</li> <li>Cross Country Running for grades 4-8 @ morning recess</li> <li>Snack shack at morning recess - \$2 per snack</li> <li>Intermediate Boys Volleyball @ lunch</li> <li>Intermediate Girls Volleyball 2:40-4:00</li> <li>Lunch Lady for those who ordered</li> <li>"Meet the Families" Event 5:00 pm to 7:30 (see info on flyer below)</li> </ul>
Sep. 28	2	<ul> <li>Mr. Shanthakumar and some of Ms. Baynes grade 7's to Milne Conservation</li> <li>Cross Country Running for grades 4-8 @ morning recess</li> <li>Pizza day for those who ordered</li> <li>Intermediate Girls Volleyball @ lunch</li> <li>Intermediate Boys Volleyball after school</li> </ul>
Sep. 29	3	<ul> <li>National Day for Truth and Reconciliation - Orange Shirt Day</li> <li>Ms. Lazarevski and some of Ms. Baynes grade 7's to Milne Conservation</li> <li>Dribbling Club for grades 6-8 at morning recess</li> <li>Area Cross Country Meet at Milliken Park</li> </ul>
		run - donation information below ring (No classes)

### "Meet our Families" and Curriculum Night at Rouge Park on September 27th

Our staff is looking forward to meeting our families at our "Meet the Families/Meet the Teacher/Curriculum Night" next Wednesday, September 27<sup>th</sup>. The details can be found below and on flyer further down in the newsletter.

• Food and ice cream trucks, catered meals by Chef Lee, and baked goods by Triple Baked will be on the back pavement from 5:00-7:30 p.m. Families are welcome to purchase dinner and have a picnic while meeting various staff and other families. Please bring chairs and/or blankets if you wish to sit and eat. Food trucks will likely have line-ups at times. The catered meals by Chef Lee and baked goods by Triple Baked will be available for immediate purchase and 20% will be donated back to the school.

• Formal Curriculum Night presentations will begin in classrooms at two times. You can either attend a 6:15 presentation or a 7:00 presentation. Please plan to arrive on time so that you can learn about specific routines, expectations and learning goals for your child.

We would like to extend a huge thank you to our School Council who has planned the outdoor

dinner and to staff for planning their classroom presentations. We are so grateful for our Rouge Park family!

## Spirit Wear:

This fall we will once again be selling school spirit wear. The items for sale are now listed on School Cash Online and we will have samples for sizing available at our "Meet the Families" event on Wednesday evening. We will be accepting orders until October 10th. The flyer below shows pictures of all clothing options. If purchasing spirit wear is not an option for you due to financial constraints, please send me an email (<u>lindsey.maclean@yrdsb.ca</u>). This information will always remain confidential. If you are able to donate spirit wear to support another family, you can also reach out to me.

## Orange Shirt Day



The orange shirt day movement started in 2013 to highlight the pain and suffering of thousands of Indigenous children who were sent to residential school throughout the last century (1831-1996)

September 30th was chosen for Orange Shirt Day as this was historically the time of year First Nation, Metis and Inuit children were taken from their homes and transported to residential schools far from their own communities. At RPPS, staff will be spending time on Indigenous education all year with a special focus around Orange Shirt Day near the end of September. Please encourage your child to wear some orange on Friday, September 29th.

## YRDSB Safety Week:

The York Region School Board is committed to ensuring the safety of students, staff, building occupants and visitors in the event of an emergency situation. As such, during Safety Week (September 25 to 29, 2023) and throughout the school year, schools in our Board practise various safety drills including Fire Drills, Lockdown Drills, Hold and Secure Drills and the newly established Bomb Threat Drill. It is critical that all members of our school community become familiar with emergency protocols as they are designed to keep all of us safe at school. Please refer to Board Policy #669.0 for more information about Emergency Preparedness and Crisis Management.

Practising drills may create some anxiety for some students. If you are concerned about how these situations might impact the mental health and well-being of your child, please contact school administrators, as we have school mental health professionals available to support your child.

General Supports for Emotional Well-Being:

- 310-COPE: 905-310-COPE (2673) or 1-855-310-COPE (2673) available 24/7
- KidsHelpPhone: 1-800-668-6868, text 686868 available 24/7, https://kidshelpphone.ca/
- Mental Health Helpline: 1-866-531-2600 available 24/7

• York Hills Help Phone Line: 905-503-9561 Monday, Wednesday, Friday 9:30 a.m.-4:00 p.m. for children and youth (0-18 years) and their parents, caregivers or adult supporters. Visit

www.yorkhills.ca for more information.

• Black Youth Helpline: https://blackyouth.ca/

## **School Council**

We held our first School Council meeting on September 19th. We were excited to see so many parents join the RPPS council. Our executive for the 2023/24 school year is:

Co-Chairs: Sarah Lane-Buck and Krysta Linton

Treasurers: Chloe Lam and Mithula Venugopan

Secretaries: Vincy Vuong and Tanbir Prabagaran

Our next meeting will be **Tuesday**, **October 3rd** beginning at 6:30 pm. The focus of the meeting will be on planning fundraising events and opportunities for the year. All are welcome to attend and babysitting (by grade 8 students) will be provided.

## Please Pick up After Your Dogs:

We are noticing an increase in dog poop throughout the school yard. We would like to remind our school community to please pick up after your dog to ensure our students can play in a clean area.



## Worth Repeating:

### **Snack Shack**

To those of you who are new to RPPS, our grade 8 students run a Snack Shack every Wednesday at morning recess. All students are welcome to bring \$2 to purchase a cookie, ice cream or bag of popcorn.

### **Reporting an Absence**

Our school operates a safe arrival program that requires that we check the whereabouts of all students who are absent each day. It is important that parent(s)/guardian(s) let us know if their child is going to be absent. We have a 24 hour absence reporting line. When you call in please clearly state your child's name and state their teacher's name as well. You may leave a message anytime at: (905) 350-0005. You may also report an absence through Edsby.

### EDSBY SIGN UP

This platform will be required to report absences, book appointments and may be used as a communication tool with your child's teachers. For Edsby to be effective, it contains personal information about you and your family that is collected by the Board at registration. This information is used to provide services and support to you and your family. Edsby is a secure system that keeps your details and information safe and secure. You will be receiving an invitation to EDBSY if you are new to the school, or you have not yet signed up. Please visit this link for online resources to help you register and use EDSBY.

**School Start-Up packages** were sent electronically by the school board earlier this week. Please fill in the forms by Friday, September 22nd. A copy can be found here: <u>https://startupforms.yrdsb.ca/</u> It is very important that we have this information for every child.

## Health Forms

Fillable Health Care forms are now available for families who have children with asthma, seizure disorders, anaphylaxis, diabetes, and/or other prevalent medical conditions. This also applies to children who require the administration of medication at school. These forms can be accessed through the links below and/or a paper copy can also be requested from your child's school office.

Anaphylaxis Health Care Plan Asthma Health Care Plan Diabetes Health Care Plan Epilepsy/Seizure Disorder Health Care Plan

<u>Self Administration of Medication Form</u> <u>Staff Administration of Medication Form</u>

Once you've completed the appropriate Health Care Plan, please return it WITH the appropriate medication to school with your child. The form and medication can be placed in a sealable bag, with the student name marked on the bag and left at the office.

## Donations to Rouge Park

This year many of our students have benefited from the generous donations of others in our community. We have had families donate to pizza day, the snack program, school clothing, our grad trip and more. Oftentimes these donations are life-changing for our students as they allow them to fully participate in everything we have to offer. Thank you to everyone who has so generously donated to our school. If you are able, we are currently asking for donations to support all of the above initiatives along with the purchase of picnic tables to be installed on our back tarmac. These picnic tables will be used for outdoor learning while also providing a space for students to sit and chat, play cards, or read during recess times. Donations can be made by clicking on the Donate button on School Cash Online or by sending a cheque made out to Rouge Park Public School.



# The 5th Terry Fox Run/Walk at Rouge Park Public School!

Dear Parents/Caregivers:

We are excited to announce that our school will be proudly taking part in the **2023 Terry Fox School Run**, scheduled to take place on **Tuesday**, **October 3**, **2023** (*if needed*, *the rain date is the next day*). This event is intended to support cancer research, and build school spirit, while teaching students about a determined and courageous Canadian hero.

Our hope is that **each student can contribute a toonie** for Terry. Donations of \$2 (or more if you prefer) can be made on our school page at

https://schools.terryfox.ca/RougeParkPSMarkham. Receipts are issued immediately to donors contributing through email, using the school page. You will notice that the school page enables students to create their own student page if they wish to invite friends or family to donate. Please be aware, it is not required though, as students can also **donate directly by clicking "Donate"**. Please note: We do NOT want students going door to door asking for money. If interested in helping with this campaign, students should only be asking family or friends for donations.

On **October 3**, please make sure your child brings a **water bottle**, comfy **running shoes**, and a **positive attitude** to school to honour Terry's mission.

Thank you in advance for your support,

The staff at Rouge Park P.S.



# Wednesday, September 27

Food trucks, catered meals, baked goods, ice cream trucks (expect line-ups), school clothing sales

**5-7:30** First presentation in classrooms will begin at approximately 6:15. Second presentation (repeat of the first) will begin at 7:00



# Fun at RPPS!





























# PIC.COLLAGE





# YOUTH SIZE CHARTS

#### HOODIES

	XS (2-4)	S (6-8)	M (10-12)	L (14)	XL (16)
Width	15"	17"	18"	19"	20"
Length	19"	21.25"	22.25"	24"	25.5"
Sleeve	23.5"	26.5"	27.75"	30.25"	33"

#### T-SHIRT

	XS (2-4)	S (6-8)	M (10-12)	L (14-16)	XL (18-20)
Width	16"	17"	18"	19"	20"
Length	20.5"	22"	23.5"	25"	26.5"

#### FLEECE JOGGERS

	S (6-8)	M (10-12)	L (14)	XL (16)
Waist	20-21"	22-23"	24-25"	26-27"
Inseam	19"	22"	25"	28"

#### **GYM SHORTS**

	xs	S	м	L
Relaxed Waist	20.5"	21.5"	22.5"	23.5"
Inseam	4.5"	5"	5.5"	6"

# **ADULT SIZE CHARTS**

#### HOODIES

	S	м	L	XL	2XL
Width	20"	22"	24"	26"	28"
Length	26"	27"	28"	29"	30"
Sleeve	33"	34"	35"	36"	37"

#### T-SHIRT

	s	м	L	XL	2XL
Width	18"	20"	22"	24"	26"
Length	28"	29"	30"	31"	32"

#### FLEECE JOGGERS

	S	м	L	XL	2XL
Waist	24-26"	28-29"	30-31"	32-33"	36-37"
Inseam	29"	29.5"	30"	30.5"	31"

#### GYM SHORTS

	s	м	L	XL	2XL
<b>Relaxed Waist</b>	24"	26"	28"	30"	32"
Inseam	9"	9"	9"	9"	9"

Kids Kitchen is prepared and ready to assist with the safe and healthy implementation of your school's hot lunch program

GRAB & GO







# SAMPLE MENU

## Entrees

Macaroni & Cheese Beef Soft Taco Bean Soft Taco Pancakes with Turkey Sausage Pasta with Meat Sauce (GF) Pasta with Tomato Sauce (GF) Tuna Salad Sandwich on a Kaiser Chicken Fingers with Rice (GF) Beef Burger (H) Chicken Burger (H) Veggie Burger

# Side Items

Chicken Fingers (2 pcs) (GF) Baked Potato with Sour Cream Garden Salad with Ranch Dressina Steamed Veggies Edamame (shelled) **Cucumber Slices** Veggies & Dip Perogies (4 pcs) Garlic Bread 2% or Chocolate Milk Various Fruit Juices (100% juice)

# **Snacks & Desserts**

Fresh Apple **Fresh Pear** Fresh Orange Wedges **Diced Fruit** Yogurt Cup Chocolate Chip Cookie Kettle Popcorn Fresh Fruit of the Season Fudgy Brownie Banana or Carrot Muffin

(GF) Gluten-friendly also available

(H) Halal also available

Not all options are available in all locations. Please check online to see the options at your school.

# TRUST CHOOL LUNCH PRC

**MENU ONLINE** 

# SEE YOUR SCHOOL'S

Need Help with your order? 905-944-0210 (M to F 8:30am-2pm) or email us: information@kidskitchen.ca

# **DELIVERING GOOD, REAL** FOOD TO KIDS AT SCHOOL

Our commitment is to provide nutritious, delicious, "home-cooked" meals with simple ingredients that you'd find in your own kitchen.

# SPECIAL DIETARY NEEDS?

No problem! We're here for you. Speak with us on how we can accommodate your child.

# **ORDER ONLINE**

Visit www.kidskitchen.ca to see your school's menu. specials and for fast, secure, online ordering.



# WELCOME TO THE LUNCH LADY



Ready to place your first order? Visit our website to get started!

<b></b>	
Γ	<b>[]]</b>
-	

Register for an account

R	
0	J

Select School / Camp Delivery



student(s) (customers) then select Order Now



Select order delivery date



Add items to cart (return to calendar for more dates)



and

complete

your order



Relax and let us do the rest!



Special Food needs? Email us before your first order.



Reduce single use plastics. Bring your own cutlery from home. I



Sick child? It happens. Email us before 8am to receive a credit.









NUT FREE ALLERGY

AWARE



sized for smaller appetites

# All Little Lunch combos come with fruit and yogurt.

Perfectly created for little hands!



Pancakes Little Lunch Whole grain bite-sized pancakes & side syrup.



Spaghetti & Meatballs Little Lunch Whole wheat pasta and beef meatballs in homemade sauce.



Chicken Nuggets Little Lunch Lightly breaded, baked chicken breast nuggets.



Grilled Cheese Little Lunch Real cheddar on whole wheat.



Mac & Cheese Little Lunch Homemade sauce with real cheddar.



Assorted Sides Available! Salads, snacks and treats to choose from.

# Ready to order? Visit our online ordering site: <u>order.thelunchlady.ca</u>





Register for an account



Select / School / stuc Camp (cus Delivery then



Add student(s) (customers) then select Order Now



Select order delivery date



Add items

to cart

(return to

calendar for

more dates )



Check out

and

complete

your order



Relax and let us do the rest!

Select